Module 4 – Emotional Intelligence for Traders

Where on the scale do you see yourself?



Low Trader Self-Esteem

High Trader Self-Esteem

What is the view you have of yourself as a trader? (Actual Trader Self-Image)						

What kind of trader do you wish you were? (Perfect Trader Self-Image)						
Which traits do you wish you didn't have and fear will sabotage your trading?						
(Feared Trader Self)						

Who are you becoming as a trader?							



When you have made a loss and feel bad about yourself, which is the next level of feel better feeling you can reach to, that will help you feel a little more empowered?



